

Here's what some people had to say when they tried Aggy's Sauces:

"I just substituted my usual curry paste for Aggy's Lemon, Herbs & Spices. Cooked with fresh chilli and coconut milk it is absolutely lovely."

.. Peter Burke

"Delicious! First, chicken in Aggy's Lemon, Herbs & Spice Marinade with chicken, topped with natural yoghurt served on a bed of fresh rocket with spinach and garlic dough balls. Then, mushrooms and onions with double cream served with thin spaghetti and vegetables stir fried with Aggy's Black Pepper and Rosemary Sauce. Super Duper!"

.. Liz and Ward

"For four years I've enjoyed Agnes' fantastic sauces and I'm proud to say that I was one of the first to taste them. I can say with authority that Aggy's Chilli and Spices Marinade eclipses other brands that I've tried. Well done!"

.. Alice Byron

"Once in a while there comes a good thing, something unique and Aggy's sauces are it. She's given the world a reason to celebrate and kitchens will never be the same again. I love the Lemon, Herbs and Spices and the Black Pepper and Rosemary."

.. Dr Michael Oon

"As your solicitor I would enjoy jars of your Hot Chilli and Spices as payment for the rest of my life."

.. Stephen Mitchell

"We use Aggy's Lemon, Herbs and Spices Marinade on prawns, veggie sausages and as a dip. They seem to last forever. We can't do without it, it's delicious."

.. Linda and George



Just by buying one jar of any of Aggy's Sauces of Hope you are helping to house, feed and educate the children of Zambia whose lives have been affected by AIDS.



Established by Agnes Mannah, Aggy's Sauces sponsor the social enterprise, Sauces of Hope by donating 10% from each bottle sold - enough to provide a child with food for a day in Africa.

This is just one great reason to buy these authentic and original sauces.

If you need another reason.. .. they taste simply amazing!

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BACKGROUND AND USES



**Every jar sold
feeds a child in Africa
for a day.**

Thank you.



**LEMON,
HERBS
& SPICES
MARINADE**



This sauce has an original blend of lemons, herbs and spices that give such favourites as chicken casserole or vegetable bake a sensational lemon taste and creamy texture. Just by spooning in a small amount you can transform a dull dish into a delicious meal.

- Glaze meats before grilling or roasting
- Marinade meat at least half an hour before cooking
- Add some 'zing' to a soup
- Makes a luxury pasta sauce
- Use as a relish on sandwiches
- Dollop on a baked potato
- Dip your favourite crudités



**SWEET
PEPPERS
& SPICES
MARINADE**



This rare combination of sweet peppers and spices works wonderfully with all pasta dishes. But don't stop there! These sauces are great for experimenting with.

- Spread between layers of lasagna
- Spoon onto the side of your plate with a Sunday roast
- Enrich a vegetable or chicken stir fry
- Use as a dip with nachos
- If you have fire in your blood then mix it with Aggy's Hot Chilli Marinade!



**BLACK
PEPPER &
ROSEMARY
MARINADE**



This full-flavoured sauce is made from plenty of rosemary with garlic, ginger and spices. It's a treat with lamb cutlets but you can also:

- Coat a chicken before roasting
- Mix with breadcrumbs, bake and serve as stuffing with roast pork
- Blend with olive oil and balsamic vinegar for a special salad dressing
- Spread onto a toasted baguette then add sliced tomatoes for a bruschetta



**HOT
CHILLI
& SPICES
MARINADE**



WARNING! This sauce is for chilli lovers only. Made with the famously hot 'Scotch Bonnet' chillies this steamy sauce has been created for the chilli-hardened. Garlic, ginger and lemon deepen the flavour for a lasting experience. Used sparingly it will spice up any sauce, soup or gravy. Used generously it kicks!

- Coat prawns before barbecuing
- Glaze chicken wings before baking
- Is the icing for chilli-con-came!
- Blend with any other of Aggy's Sauces for added bite
- Why not throw a spoonful in a Bloody Mary and throw caution to the wind

REMEMBER, ALL AGGY'S SAUCES OF HOPE ARE FREE FROM ARTIFICIAL PRESERVATIVES AND COLOURANTS. THEY ARE ALL SUITABLE FOR VEGETARIANS AND COELIACS AND EVERY JAR THAT WE SELL REALLY MAKES A DIFFERENCE TO A CHILD IN AFRICA.
THANK YOU.

Agnes